



**140** Years  
of Academic  
Excellence

**Brillantmont**   
International School Lausanne

# Summer Course 2023

## Handbook

Contact us :

Tel : + 41 21 310 0400

Email : [summercourse@brillantmont.ch](mailto:summercourse@brillantmont.ch)

[www.brillantmont.ch](http://www.brillantmont.ch) / [summer.brillantmont.ch](http://summer.brillantmont.ch)

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## WHAT TO BRING WITH YOU

### Suitable clothing



The weather in Switzerland in summer is usually warm and sunny. However, because of the mountains, there can sometimes be rain.

The clothing should be tasteful and appropriate for the intended activity. They should also be respectful of a multicultural community. The school may ask students to change if clothing is considered inappropriate.

Students should bring:

- shorts (no very short or ripped shorts)
- T-shirts (covering the midriff)
- trousers (no ripped jeans)
- tennis shoes and tennis racket (if you have your own)
- tracksuit / sports clothes
- trainers / sports shoes for sports classes
- sports shoes or hiking shoes with a good grip for hikes
- a swimming costume / swimming trunks for watersports
- large beach towel
- a waterproof rain jacket (K-Way) with a hood
- a warm jacket and/ pullover / sweatshirt
- a smart outfit for the Friday disco or leaving party
- baseball cap / sunhat

### Basic mobile phone



Students can bring their mobile phones. Please refer to the school rules to read about how / when they can be used.

## Electrical devices



The Swiss use two different kinds of plug. Plug type C has two round pins. Plug type J has three round pins. Switzerland uses a voltage of 230V (50Hz).

## Pocket money



When you arrive at Brillantmont, you will give us your pocket money, which will be kept in the school safe. You can withdraw the money every day, against a signature.

It is very important that you bring your money in Swiss Francs. Please do not bring money in other currencies. We cannot change money for you.

We recommend that you bring between CHF20.- – CHF50.- per week.

## Medicine



You should have indicated any medication that you require on the medical form you have already sent. Please make sure that your medicine is clearly labelled and that your name is clearly visible. All medication is handed in on arrival to our School Nurse.

## Checklist:

Have you:

- Read the Summer Course Handbook carefully?
- Informed the school of your arrival / departure times?
- Informed the school of any medicine you need to take / any medical condition?
- Used the clothing list to help you pack?
- Packed a pencil case?
- Changed your pocket money into Swiss Francs?

## OUR TEAM

In the Summer Course, you are in great hands! Many of our teachers /staff also work during the school year and all have experience working at the Summer Course.

Brillantmont is a family run, family owned school and the Summer Course is under the responsibility of Mrs Anne Frei, Head of School (5<sup>th</sup> generation of the founding family) and her sister-in-law, Mrs Sarah Frei, Head of Admissions.

### Senior Leadership Team

Mrs Anne Frei: Head of School



Mrs Sarah Frei: Head of Admissions



### Summer Course Coordinators

The daily running and organisation of the Summer Course is under the responsibility of two of our school year teachers – Mr Tim Rouge and Ms Roxane Feunette.

Mr Tim Rouge  
Summer Course Coordinator



Ms Roxane Feunette  
Summer Course Coordinator



Our Administrative Team are here to help with any questions you may have. Contact [summercourse@brillantmont.ch](mailto:summercourse@brillantmont.ch)

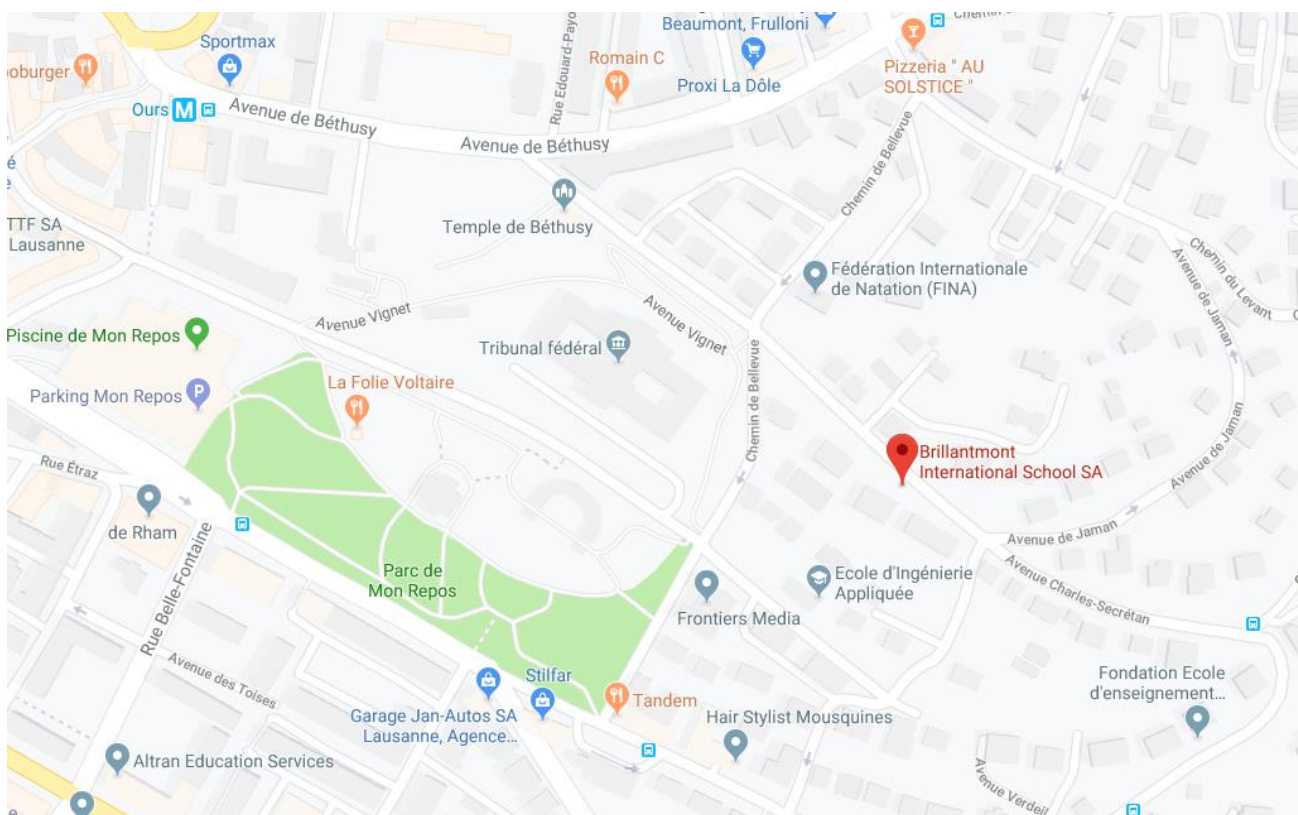
## WHO TO CALL / EMERGENCY NUMBERS

If you have a question about the Summer Course during the school day, please telephone this number:

T: + 41 21 310 0400

If you have a question outside of the school day, your telephone will connect to our message service. The message will indicate the emergency number which connects directly to a senior member of staff.

## HOW TO REACH SCHOOL



The school address is Avenue Charles Secrétan 16, 1005, Lausanne, Switzerland

Lausanne is in the French speaking part of Switzerland. It is just 45 minutes from Geneva, where there is the international Airport.

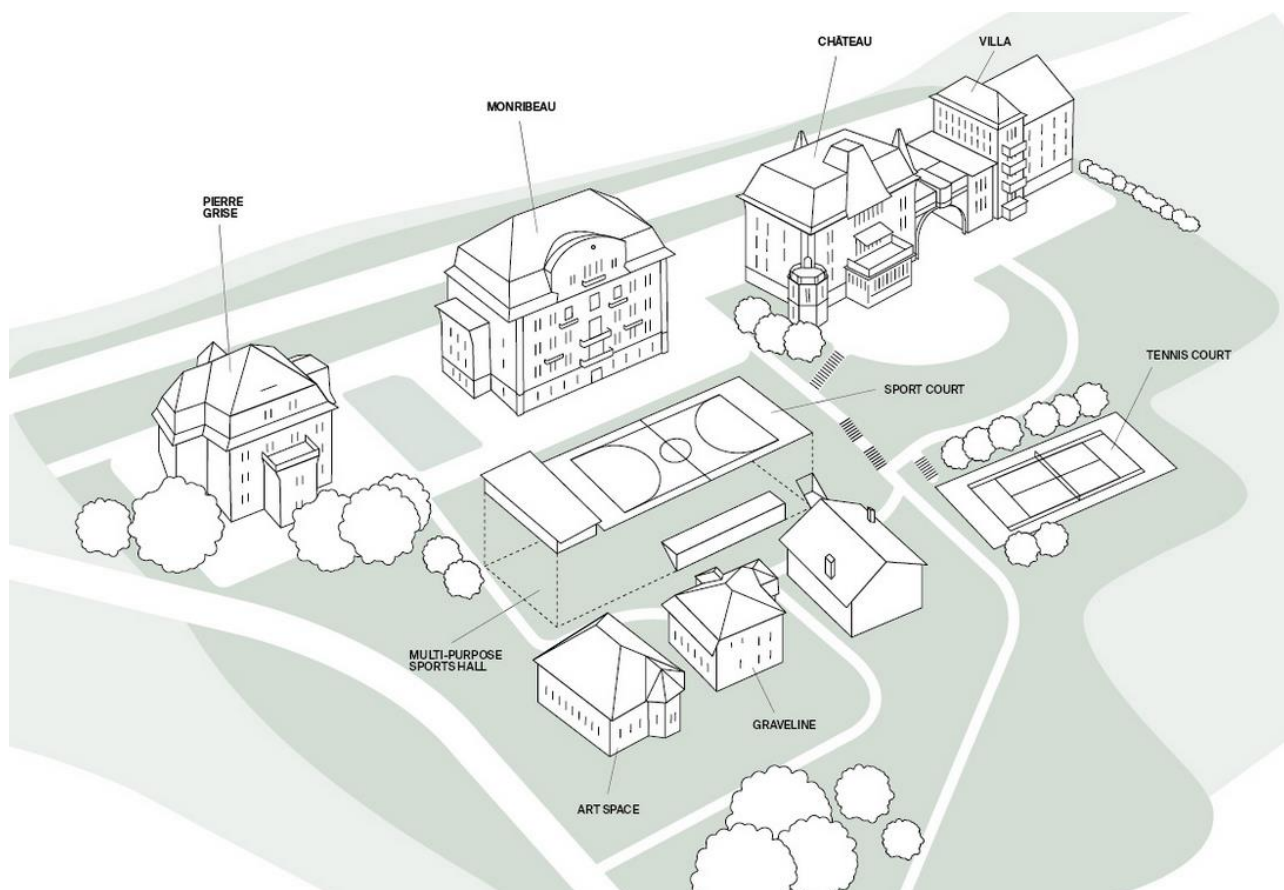
The school is 5 minutes by taxi from Lausanne train station.

It can be reached via the metro (stop Ours – 5 minutes walk) or by bus number 13 (Verdeil – 2 minutes walk).

## SCHOOL FACILITIES

Brillantmont is in the centre of Lausanne. Our campus is amazing. In addition to our sports courts and multipurpose sports hall on campus, we also use sports facilities locally and watersports take place by the lake.

Many excursions and activities take place off campus, in the local area and in the mountains.



## BEDROOMS

All Summer Course students live on campus. Boys and girls live in separate boarding houses, which are organised by age.

You will share a room with one or two other students from a different nationality and of a similar age to you. This will enable you to make new friends and discover new cultures. A teacher lives on the same floor in your boarding house and is there to look after and support you.

All bedrooms are large and spacious, all have a lockable wardrobe and many have views over the Lake and mountains. A few rooms have en-suite bathrooms, but mostly students share bathrooms (3-4 students per bathroom).

All students eat their meals together with the Summer Course staff in the dining room.

## SCHOOL RULES

### BEDROOMS

Beds must be made and rooms kept tidy. Suitcases must be stored in the baggage room. All damage incurred will be billed. Hairdryers, kettles and irons are not allowed in the rooms.

### TELEPHONES

Students can be contacted via the main school telephone: + 41 21 310 0400 at the following times:

|             |             |             |             |
|-------------|-------------|-------------|-------------|
| MON-TUE-THU | 8h30-9h00   | 12h30-13h15 | 18h45-19h30 |
| WED-FRI     | 08h30-09h00 | 12h30-13h15 |             |
| SAT-SUN     | 08h30-09h00 | 18h45-19h30 |             |

### MOBILE PHONES

We understand that keeping contact with family is important and we also understand the importance of mobile phones in today's world. This is why we allow students to bring their mobile phone to Brillantmont. However, we limit its use to specific times of day. At other times, students are required to hand in their phone to the teacher for safe keeping. This ensures that each student can fully participate in all the activities and social life at the school.

Students under the age of 16 must hand in their phones to their boarding teacher at night and it will be given back in the mornings.

At other times of day and during the night for older students, mobile phones should be left in the student's lockable wardrobe, in their bedrooms.

During excursions off campus, students can have their mobile phones with them and keep them switched off. Staff will apply these guidelines. We thank you for your cooperation in this matter.

Students do not need to bring a computer / tablet with them. Wireless internet access is available throughout the campus and school computers are available for use at certain times of day. If they wish, parents can contact their child by sending an e-mail to the following address: [summercourse@brillantmont.ch](mailto:summercourse@brillantmont.ch) indicating their child's name. The staff will pass on the message to the student.

### MEAL TIMES/ TABLE MANNERS

Meals are compulsory for everyone:

Breakfast: 08h30      Lunch: 12h30      Dinner: 18h45

One or two members of staff sit at each table:

- seats are not assigned
- service - two students per table
- at lunch and dinner, all phones are placed in the phone box before sitting down
- meals last at least half an hour
- no-one leaves before the table has been cleared and everyone has finished eating
- the dining room is supervised by staff members
- meals take place in a calm atmosphere, and food must be respected (no food outside the dining room)
- students must be suitably dressed and display good behaviour throughout the meals



## SCHOOL RULES

### GOING OUT

If no activity or excursion has been organized, the following rules for leaving campus apply: Afternoon (17h15 – 18h30)

- Students aged 10 - 13 are only allowed to leave the campus with a member of staff
- Students aged 14 must ask permission from a member of staff before leaving the campus (in groups of 3 minimum)
- students aged 15 and above are allowed off the campus unsupervised

According to Swiss law : “ frequentation of public establishments” *a young person aged under 16 unaccompanied by his/ her legal representative is not allowed to go to cafés, restaurants, tea-rooms, bars, pubs and discos without a written consent.*

Evening (after dinner or study)

- Students under the age of 16 are not allowed off the campus
- Students who are aged 16 and above must return to school by 21h00.
- ANY STUDENT WHO LEAVES THE CAMPUS IN VIOLATION OF THE RULES OR WITHOUT PERMISSION MAY BE EXPELLED.

### INVITATIONS

Invitations may be granted by the Direction if the school does not offer a programme.

### SMOKING- DRUGS - ALCOHOL - ENERGY DRINKS

Strictly forbidden. Any student breaking this rule may be expelled.

### MEDICINES

No students are allowed to keep medicines in their room without the permission of the school nurse.

### VIOLENCE

Any incident of violence will be severely punished and could result in an immediate expulsion.

### LAUNDRY

A laundry room is at students' disposal. The boarding staff will show students how to use the machines. This service is free of charge and washing powder is provided.

### POCKET MONEY, PASSPORTS AND TICKETS

Students should keep their money in the school safe. They can collect what they need every day (except Saturdays and Sundays) from 13h15 to 13h45.

Each student has a cupboard which can be locked where they have to put their personal belongings. The school does not accept responsibility for theft, loss or damage of personal belongings. All passports and tickets must be handed in to the office.

### CONTACT WITH PARENTS / HOMESICKNESS

Constant contact with your child does not help adaptation and can lead to homesickness. For this reason, we encourage you to resist the temptation to frequently phone him /her. Visits from parents are only authorised on a Saturday and only by prior arrangement, since during the Summer Course we are often off campus.

## DAILY LIFE

### YOUR ARRIVAL AT BRILLANTMONT

Prior to your arrival, we will ask you to complete an arrival form, so we know where and when you are arriving, if we need to collect you at the airport or if you are arriving with your parents. You should arrive at Geneva airport only.

We recommend that you arrive at Brillantmont between 9h00 and 12h00 in order to be able to participate in the afternoon excursion.

When you arrive at school, you will be welcomed by senior staff members. They will ask you to give them your passport, your flight tickets for safe keeping. You will also give them your pocket money and any medication you have.

You will meet the boarding teacher who lives on your floor and will be taken to your room. You will be able to meet and get to know your room-mate. The teacher will explain the programme for the rest of the day.



### A TYPICAL DAY

8h00: Wake up

8h30: Breakfast

9h00 – 10h30: English or French class

10h30 – 10h45: 15 minute break; snacks and drinks are available in the dining room

10h45 – 12h15: English or French class

12h30: Lunch

14h00: Sports classes on campus or by the lake / Afternoon options ( 2 x per week)

16h30: If nice weather, you may go to the open air swimming pool. Otherwise, return to school

17h00: Free time / study period / activity

18h45: Dinner

After dinner – activities on or off campus

Bedtime – the time may vary depending on the activity taking place and the age of the students

## DAILY LIFE

### PLACEMENT TEST IN FRENCH OR ENGLISH

You will take a placement test to see the level of your English or French. Don't get stressed about it! The test helps us decide which class you will enter, but we can change your class if necessary.

### FRENCH / ENGLISH CLASSES

MON-TUE-WED-THU-FRI  
Wednesday afternoon

09h00 - 10h30 & 10h45 - 12h15  
excursion with the language class

### WEEKLY CLASS TEST

Every Friday, you take a short test which checks if you have fully understood the material taught during the week.

### LEAVING CERTIFICATE

When you leave Brillantmont, you will receive a certificate with a grade and comment from your teacher, with advice on how you can develop your future language skills.

### STUDY

45 minutes of study, in a classroom, is fixed on Mondays, Tuesdays and Thursdays depending on the excursion programme.

### AFTERNOON CLASSES

Afternoon sports classes (BM Move) take place on Monday, Tuesday, Thursday and Friday from 14h00 - 17h00.

The optional activities take place 2 x afternoon a week.

You will be in a sports class with other girls or boys of the same age and you will do a different sport every day. We want you to try as many different sports as possible. Some sports take place on campus, others take place by the lake.



### WEDNESDAY AFTERNOON

On Wednesday afternoon, you go out with your class to visit a place of local interest. If the weather is good, you will meet up later with the other students for a barbecue and fun time by the lake.

### EVENINGS

Two or three times a week, an activity is organised. This may take place on campus – quiz night, sports tournaments, film night or off campus – ice skating, indoor climbing, trampoline park. Friday night is the highlight of the week because it's disco night. Our students like to get dressed up smartly for this special evening, which has lots of fun and laughter in store!



### WEEKENDS

At weekends, excursions and activities take place. Weather permitting, we usually go outside – sometimes to the mountains, sometimes to a city. The teachers will tell you more about where you will be going.

### EXCURSIONS & ACTIVITIES

All excursions and activities are compulsory.



### YOUR CLASSMATES

You are coming to an international school. That means that you will be living and studying with boys and girls from all over the world. They come from many different cultures and experiences. It is important to respect others' cultures and traditions.

You will share a room with someone from a different country. Maybe you don't speak the same language, so you will need to find a way to communicate!

You have a unique opportunity to make friends from all over the world and broaden your horizons.

See how many languages you can say hello in by the end of the Summer Course!



## SOME FACTS YOU MIGHT NOT KNOW ABOUT SWITZERLAND

The Swiss eat more chocolate per person per year than any other nationality (9.9kg)!

The lake in Lausanne is not called Lake Geneva - its proper name is Lake Léman.

The Swiss National Day is celebrated on 1<sup>st</sup> August and is a major event with special celebrations all over the country.

There are 208 mountains over 3000m high.

The highest mountain is the Dufourspitze, part of the Monte Rosa range, near the Swiss/Italian border.

Climate change means that, without action, half of Switzerland's glaciers will disappear by 2050.

Military service is compulsory for Swiss males.

Women in Switzerland were not allowed to vote until 1971.

25% of the population of Switzerland is made up of foreigners.

There are four national languages - French, German, Italian and Romansch. English is not an official national language.

There is a rule that if you want to have a pet rabbit or a guinea pig, you have to have two, so they have a friend to play with!

If you cross the road when the crossing light is red, even when there are no cars, you are breaking the law and may be fined.

You are not allowed to mow your lawn on a Sunday.

Switzerland is one of only two countries in the world with a square flag (the other is the Vatican!).

**We're looking forward to welcoming you into the Brillantmont Summer family!  
See you soon - à bientôt**